

Dear Masters, Instructors, and Competitors,

Congratulations for accepting the challenge of trying out to represent the United States in the 2012 ITF TaeKwon-Do World Championships, in Ottawa, Canada. To qualify for a spot on the team you must meet the following criteria:

- YOU MUST BE A CURRENT MEMBER OF THE ITF under President Choi, Jung Hwa.
- YOU MUST HAVE A CURRENT STATUS CARD AND ITF BLACK BELT CERTIFICATE for your current rank 1st-6th degree.
- YOU MUST COMPETE IN THE NATIONAL QUALIFIER IN HOUSTON TEXAS ON MARCH 18, 2012.
- YOU MUST HELP WITH THE OFFICIATING AT NATIONALS.
- YOU MUST HAVE VALID PASSPORT AND SHOW PROOF WITH REGISTRATION FORMS.
- YOU MUST SUBMIT ALL PAYMENTS FOR TEAM COMPETITION, TEAM SWEATS, AND NATIONALS WITH YOUR REGISTRATION FORM ALONG WITH A PASSPORT SIZE PHOTO.
- ALL ITF RULES AND REGULATIONS WILL BE FOLLOWED.
- HEAD GEAR IS MANDATORY FOR ALL DIVISION (even at Worlds 2012)
- THE TOURNAMENT COMMITTEE HAS THE FINAL SAY IN WHO QUALIFIES FOR THE TEAM.
- TO QUALIFY IN THE JUNIOR DIVISION YOU MUST HAVE BEEN BORN BETWEEN JANUARY 1, 1995 AND DECEMBER 31, 1998.
- TO QUALIFY IN THE ADULT DIVISION YOU MUST HAVE BEEN BORN BETWEEN JANUARY 1, 1977 AND DECEMBER 31, 1994.
- TO QUALIFY IN THE SENIOR DIVISION YOU MUST HAVE BEEN BORN ON OR BEFORE DECEMBER 31, 1976

To QUALIFY as an INDIVIDUAL:

An individual may qualify in one of, or any combination of, the follow events: Patterns, Sparring, Power Breaking, and Specialty Breaking. To qualify:

- You must place 1st, 2nd, or 3rd in your division in patterns and must maintain that rank through the World Championships and/or

- You must place 1st, 2nd, or 3rd in your division in sparring and maintain that weight/division through the World Championships and/or
- You must place 1st, 2nd, or 3rd in power breaking and/or
- You must place 1st, 2nd, or 3rd in specialty breaking
 - At the World Championships you will only compete in the specific areas which you qualified for at Nationals.

PATTERN DIVISIONS: two competitors will perform their designated and optional pattern side by side. The judges will then vote via a flag system. The competitor with the majority of the flags is the winner.

- 1st degree (Junior, Adult, and Senior divisions)
- 2nd degree (Junior, Adult, and Senior divisions)
- 3rd degree (Junior, Adult, and Senior divisions)
- 4th degree (Adult and Senior divisions only, **no Junior division**)
- 5th degree (Adult and Senior divisions only, **no Junior division**)
- 6th degree (Adult and Senior divisions only, **no Junior division**)

Sparring divisions are:

Division	Micro	Light	Welter	Middle	Heavy	Hyper
Junior Male	50.0 kg or less 110.2 lb or less	50.1 - 55.0 kg 110.3 - 121.2 lb	55.1 - 60.0 kg 121.3 - 132.3 lb	60.1 - 65.0 kg 132.3 - 143.3 lb	65.1 - 70 kg 143.4 - 154.3 lb	70.1 kg or higher 154.4 lbs or higher
Adult Male	58.0 kg or less 127.9 lb or less	58.1 - 64.0 kg 128.0 - 141.1 lb	64.1 – 70.0 kg 141.2 – 154.3 lb	70.1 – 76.0 kg 154.4 – 167.6 lb	76.1 – 82.0 kg 167.6 – 180.8 lb	82.1 kg or higher 180.9 lb or higher
Senior Male	58.0 kg or less 127.9 lb or less	58.1 - 64.0 kg 128.0 - 141.1 lb	64.1 – 70.0 kg 141.2 – 154.3 lb	70.1 – 76.0 kg 154.4 – 167.6 lb	76.1 – 82.0 kg 167.6 – 180.8 lb	82.1 kg or higher 180.9 lb or higher
Junior Female	45.0 kg or less 99.2 lb or less	45.1 – 50.0 kg 99.3 – 110.2 lb	50.1 – 55.0 kg 110.3 – 121.2 lb	55.1kg-60.0 kg 121.3-132.3 lb	60.1 kg-65.0 kg 132.3- 143.3 lb	65.1 kg or higher 143.4 or higher
Adult Female	50.0 kg or less 110.2 lb or less	50.1 - 55.0 kg 110.3 - 121.2 lb	55.1 - 60.0 kg 121.3 - 132.3 lb	60.1 - 65.0 kg 132.3 - 143.3 lb	65.1 - 70 kg 143.4 - 154.3 lb	70.1 kg or higher 154.4 lbs or higher
Senior Female	50.0 kg or less 110.2 lb or less	50.1 - 55.0 kg 110.3 - 121.2 lb	55.1 - 60.0 kg 121.3 - 132.3 lb	60.1 - 65.0 kg 132.3 - 143.3 lb	65.1 - 70 kg 143.4 - 154.3 lb	70.1 kg or higher 154.4 lbs or higher

*it is recommended that competitors bring both red and blue gear if they already have it; however, it is not necessary to buy new gear at this time. The traditional macho dipped foam hand gear will be allowed at the National tournament however it is not allowed at the World Championships.

**all competitors qualifying to compete in the 2012 ITF World Championships will be required to have 2 complete sets (red and blue) of sparring gear (including head gear). The hand gear must cover the fingers and the palms must be open.

POWER BREAKING

Power Breaking will be determined by the sum of points achieved by completing all of the breaks. **At the National Championships, re-breakable Century type boards (with fingers that interlock) will be used.** The Tournament Committee will set the number of boards for each break. Only black and/or green boards will be used as part of the qualifier. All competitors in each division will be required to attempt the break at the level set by the tournament committee. In the case of a tie between two or more competitors: after all breaks have been attempted, the chief judge will arbitrarily choose by drawing one of the mandatory breaks and will also choose the number of boards used to break the tie. The competitors will continue. If a tie still remains, a different break will be chosen and this will continue until the tie is broken.

*Adult and Senior Males are separate divisions for Power Breaking

1. Ap-Joomuk Jirugi (punch)
2. Sonkal Taerigi (knife hand)
3. Yopcha Jirugi (side kick)
4. Dollyo Chagi (turn kick)
5. Bandae Dollyo Chagi (reverse kick)

*there is a possibility adults and seniors will be combined into one division but at this time, after discussion with the Canadian host, it is our understanding that they will be separate divisions in the individual breaking events.

Junior Male Power Breaking

1. Sonkal Taerigi (knife hand strike)
2. Yopcha Jirugi (side kick)
3. Dollyo Chagi (turn kick)
4. Bandae Dollyo Chagi (reverse turn kick)

Adult and Senior Females are in separate divisions and Junior Female Power Breaking

1. Sonkal Taerigi (knife hand strike)
2. Yopcha Jirugi (Side kick)
3. Dollyo Chagi (turn kick)

*there is a possibility adults and seniors will be combined into one division but at this time after discussion with the Canadian host it is our understanding that they will be separate divisions in the individual breaking events.

SPECIALTY BREAKING

Specialty Breaking will be determined by the sum of points achieved by completing all of the breaks. The Tournament Committee will set the height and distance for each break. All competitors in each division will be required to attempt the break at the level set by the Tournament Committee. In the case of a tie between two or more competitors: after all breaks have been attempted, the chief judge will arbitrarily choose by drawing one of the mandatory breaks and will choose the height and/or distance for the break. The competitors will attempt the tie breaking technique. If a tie still remains, a different break will be chosen and this will continue until the tie is broken.

*Adult and Senior Males are in separate divisions and Jr. Male Specialty Breaking

1. Twimyo Ap Chagi (flying front kick)
2. Twimyo Nomo Yop Chagi (flying long side kick)
3. Twimyo Dolmyo Chagi (jump 360 mid air (side) kick)
4. Twimyo Dollyo Chagi (jump turn kick)
5. Twimyo Bandae Dollyo Chagi (jump 180 reverse turn kick)

*there is a possibility adults and seniors will be combined into one division but at this time after discussion with the Canadian host it is our understanding that they will be separate divisions in the individual breaking events.

Adult and Senior Females are in separate divisions and Jr. Female Specialty Breaking

1. Twimyo Ap Chagi (flying front kick)
2. Twimyo Nomo Yop Chagi (flying long side kick)
3. Twimyo Dollyo Chagi (flying turn kick)

To qualify as part of the “TEAM EVENTS”:

TEAM PATTERNS:

- Coaches will enter the teams into the team pattern divisions. The winning teams in Junior Male, Junior Female, Adult Male and Adult Female will represent the USA at the 2012 World Championships.

TEAM SPARRING:

- Competitors must place 1st, 2nd, or 3rd, in their weight division....then if interested competitors:
 - must compete with the other qualifying competitors for the spot on the sparring team.
 1. The bracket for a place on the 5 person team will be seeded according to the size of the bracket a person was in for the individual sparring.
 2. The sparring for a place on the 5 person team will be determined by running the bracket with only one 2-minute round per match

3. Once a competitor makes it to the semi-finals they will be considered on the team and there will not be any further competition to determine 1st-4th place.
4. The tournament committee will determine the 5th and 6th place either through further competition or by consensus based on performance up to that point.
5. The tournament committee reserves the right to invite any individual they feel is a strong candidate for the 5 person team to try out for the position.

TEAM POWER BREAKING

You must compete in all the power breaking events and place as one of the:

- top 5 breakers of the day for the combined Adult and Senior Male power breaking
- top 4 breakers of the day for the Junior Male breaking
- top 3 breakers of the day for the combined Adult and Senior Female power breaking
- top 3 breakers of the day for the Junior Female power breaking.
 - The tournament committee reserves the right to exchange the lowest placing breaker if there is someone who has an exceptional break that none of the top competitors were able to accomplish. For example if none of the top 5 competitors in adult males made their punch break but another competitor did very well with that break then the tournament committee reserves the right to replace the 5th place breaker with the individual that has the punch break.

TEAM SPECIALTY BREAKING

You must compete in all of the specialty breaking events and place as one of the:

- top 5 breakers of the day for the combined Adult and Senior Male specialty breaking
- top 5 breakers of the day for the Junior Male specialty breaking
- top 3 breakers of the day for the combined Adult and Senior Female specialty breaking
- top 3 breakers of the day for the Junior Female specialty breaking
 - The tournament committee reserves the right to exchange the lowest placing breaker if there is someone who has an exceptional break that none of the top competitors were able to accomplish. For example if none of the top 5 competitors in adult males made their jump front snap kick but another competitor did very well with that break then the tournament committee reserves the right to replace the 5th place breaker with the individual that has the jump front snap kick break.